

## Mentor Excellence - a workshop

"We make a living by what we get, we make a life by what we give". (Winston Churchill)

**What?** A technical workshop designed to prepare you to

mentor individuals who aspire to be successful in their career and could benefit from your work

and life experiences.

**How?** Through the discovery of practical techniques,

adoption of simple key rules and physical

practice and learning experiences.

**WAO?** Professionals who are dedicated to support

people with aspirations to grow.

## Objectives:

By the end of this workshop delegates will be able to:

- articulate the difference between coaching and mentoring
- establish & agree the mentoring contract between mentor and mentee
- support the mentee in effective goal setting
- demonstrate the ability to give constructive and meaningful feedback
- demonstrate a range of techniques open to the mentor to utilise