

Coaching for Success

- a workshop

“If the only tool you have is a hammer, you tend to see every problem as a nail”. (Abraham Maslow)

What? An eye opening workshop which will help you to discover the power of coaching in managing the performance of you team.

How? Through the adoption of a range of coaching tools and techniques, physical practice and effective feedback.

Who? Employees with line management responsibilities.



Objectives:

By the end of this workshop delegates will be able to:

- explain the meaning of the term ‘coaching’.
- explain why coaching is so important and how it can be used to improve performance.
- demonstrate a range of coaching tools and techniques.
- discuss non verbal behaviours and the possible impact of these in a coaching session.
- demonstrate the ability to give effective feedback.